

BUILD A CAREER BEFORE YOU LEAVE

Get Certified. Earn Respect. Create Income After Release.

Become Certified and Qualified Personal Trainer or Nutrition Consultant:

- Certified Personal Trainer "CPT"
- Certified Nutrition Consultant "CNC"
- Certified Sports Performance Nutrition "CSPN"
- Certified Sports Periodization Specialist "CSPS"

HOW IT WORKS

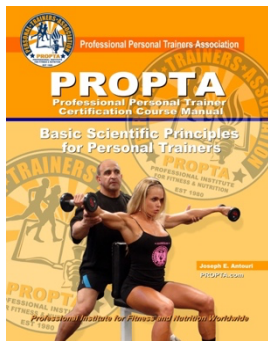
- Receive Books and Exams (In Prison)
- English or Spanish
- Or Study Online (Halfway Center)
- Study at your own pace
- Complete the written or online exam
- Get Certified
- Earn and Grow your Career Income / Business

WHY THIS MATTERS

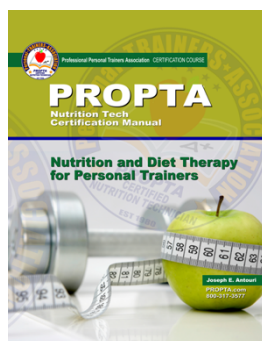
- Build a real Career
- Help Others Get in Shape
- Earn Top Income after Release
- Gain knowledge, Discipline, and Confidence
- Be Your Own Boss, Grow your income / Business
- Be Independent and Confident
- Earn and Grow your income / Business

Upon Release, Your Certification will be renewed for FREE including access to more education. All included.

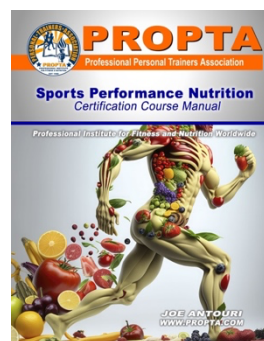
PROPTA APPROVED COURSES FOR FEDERAL AND STATE PRISON INMATES (MEN & WOMEN)



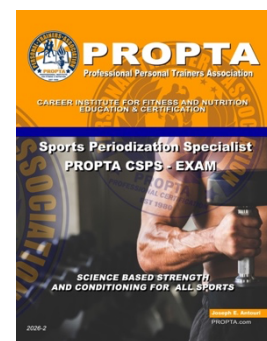
CERTIFIED PERSONAL TRAINER



CERTIFIED NUTRITION CONSULTANT



CERTIFIED SPORTS PERFORMANCE NUTRITION



CERTIFIED PERIODIZATION SPECIALIST

"THOUSANDS OF INMATES HAVE COMPLETED PROPTA CERTIFICATIONS.

START NOW. BE READY WHEN YOU GET OUT"

PROPTA is a Vocational Career Institute with over 45 years of proven success in fitness and nutrition certification. Our programs are available through **correspondence inside prison (no internet required)** and **online for inmates in reentry and halfway centers**, providing a practical path to certification and income after release. Ask your counselor or reentry staff how to enroll.

Have a loved one contact us on your behalf, or reach out directly through Corrlinks, GettingOut, SmartInmate, JPay, Securus, and other approved inmate communication systems. If those options are unavailable, call us directly.



PROPTA
Private Vocational Career Institute
for Fitness and Nutrition
GLOBAL CAREER CERTIFICATION INSTITUTE

www.PROPTA.com

"PROPTA" VOCATIONAL CAREER INSTITUTE FOR FITNESS AND NUTRITION CERTIFICATION & EDUCATION

EMAIL: INFO@PROPTA.COM OR TEL: 818-766-3317 (7 DAYS A WEEK) **Payment Plans are available to all**